

80-Hour Assisted Living Manager Certification Course

Final Exams

Multiple questions

1. Who regulates assisted living facilities in the State of Maryland?
 - a. The Maryland Disability Law Center.
 - b. The Maryland Department of Human Services
 - c. The Office of Health Care Quality of the Maryland Department of Health and Mental Hygiene.
 - d. All the above.
2. Roles and Responsibilities of the ALM include but not limited to:
 - a. Overview of Accounting: Account Payable and Receivable
 - b. Hiring and Training of Staff
 - c. Developing Personnel Policies and Procedures
 - d. All the above
3. A licensed owner may operate several assisted living facilities under
 - a. an alternate license agreement
 - b. separate licenses
 - c. the same license
 - d. a letter of recognition from the state licensing agency
4. Unless suspended or revoked, an assisted living facility license is valid for
 - a. 2 years from the date of issuance
 - b. 3 years from the date of issuance
 - c. 3 years from the date of application
 - d. Every 180 days after survey
5. Which of the following statements is **NOT** true for a Staffing Plan of an Assisted Living Facility?
 - a. An assisted Living Manager for levels I and II service facility, must have at least a high school diploma or equivalent, with administrative experience
 - b. An Assisted Living Manager for levels I, II and III service facility, must have at least a high school diploma, or equivalent with at least 10 years of ALM experience
 - c. Only an assisted Living Manager with a 4-year college degree with administrative experience may be qualified to manage a level III service facility.
 - d. An Assisted Living Manager must meet with the delegating nurse at least every 6 months to review staffing needs and service plans.
6. What is the acceptable age at the time of hiring for an assisted living manger?
 - a. 21
 - b. 41
 - c. 18
 - d. 25

7. The reporting of abuse, neglect, financial exploitation, etc., in an Assisted living facility is the responsibility of:
 - a. Staff who witnessed the incident.
 - b. Staff who has reason to believe that the resident has been subject to an abuse of any sort
 - c. The ALM to whom family members reported the incident
 - d. All of the above

8. An incident report must be written and signed by the staff who witnesses the incident within:
 - a. 2 hours of swearing an affidavit about the incident
 - b. 12 hours of a physician's confirmation of the incident
 - c. 24 hours of witnessing the incident
 - d. 72 hours of the incident

9. Philosophy of assisted living include all the following EXCEPT:
 - a. Normalization of the environment
 - b. Admission policies for only senior residents
 - c. Objectives and principles of assisted living resident programs
 - d. Philosophy and background of assisted living and aging in place

10. A facility's staffing plan shall address "Awake Overnight" staff requirement based on:
 - a. A resident's condition
 - b. A family member's request
 - c. Scores from the resident assessment tool
 - d. All of the above

11. The RN/DN role and responsibility in providing overview shall include but not limited to:
 - a. Determining the client's level of care
 - b. Determining the knowledge and skill set direct care staff need to care for the client.
 - c. Performing nursing assessment (initial and 45 days on site review) versus resident assessment tool
 - d. All the above

12. For infection control purposes, how long do you wash your hands with soap and water?
 - a. 15 seconds
 - b. 20 seconds
 - c. 25 seconds
 - d. 35 seconds

Scenario Questions

Please read the following pharmacy label: Ampicillin 500 mg. Take two capsules by mouth after meals every 12 hours for 10 days. Choose the one best answer:

13. According to the instructions, you take the medication before meals.
 - a. True
 - b. False

14. How many times a day is the medication to be taken?

- a. 1 time a day
- b. 2 times a day
- c. 3 times a day
- d. 4 times a day

15. When would this medication be stopped?

- a. 12 days
- b. 20 days
- c. 10 days
- d. 2 weeks

True or False

16. Upon each visit to the assisted living facility, the Delegating nurse shall review the delegated nursing functions in the assisted living setting, including supervision of medication technicians.

True or False

17. Appropriate staff must write care notes for each resident. Care notes must be individualized, legible, chronological, and signed by the writer. **True or False**

18. A resident on tube-feeding may be fed a blended hydrogenated fried-fish and fruit diet.

True or False

19. A facility's policies and procedures to be implemented as designated by licensure shall include Workers' Compensation insurance. **True or False**

20. The Office of Health Care Quality shall issue a license for a specified number of beds and specified level of care. However, a licensee may provide services beyond its licensed authority:

True or False

Match the numbered statements with their corresponding lettered phrases in the boxes next to the statements:

21. De-escalation techniques.

22. Creating opportunities for activities-productive, leisure, self-care.

23. Understanding the impact of stress on job performance, staff relations and overall facility milieu.

24. Working with Resident's Families.

25. Preventing Foodborne Illnesses.

A. Making Activities Meaningful.

B. Managing Staff Stress.

C. Nutrition and Food Safety

D. Behavioral Intervention

E. Admission and Discharge Criteria

ALM Examination Answer Sheet (25 questions = 100%)
(Each questions carries 4 points)

Multiple chooses question

- | | | |
|------|------|-------|
| 1. C | 5. B | 9. B |
| 2. D | 6. A | 10. C |
| 3. D | 7. D | 11. D |
| 4. A | 8. C | 12. B |

Scenario Questions

- | | | |
|-------|-------|-------|
| 13. B | 14. B | 15. C |
|-------|-------|-------|

True or False

- | | | |
|-------|-------|-------|
| 16. T | 17. T | 18. F |
| 19. T | 20. F | |

March Numbers to Letters

- | | | |
|-------|-------|-------|
| 21. D | 22. A | 23. B |
| 24. E | 25. C | |